

## September 2025



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Monday	Tuesday	Wednesday	Thursday	Friday
1 NO MEAL	2 Beef Hot Dog with Fresh Bun (17) Country Baked Beans (32) Cookie (23) Applesauce (14)	3 Lemon Pepper Chicken (10) Steamed Quinoa (21) Carrots (06) Sliced Pears (19) Cookie Bar (18)	4 BBQ Pulled Pork (03) Au Gratin Potatoes (15) Mandarin Oranges (19) Coleslaw (07) Fresh Baked Roll (16)	5 Beef Stroganoff over Rice (34) Seasoned Carrots (06) Apple Crisp (67) Garden Green Salad (02)
8 Cheesy Italian Sausage Pasta Bake (50) Broccoli (04) Fresh Garlic Bread Rolls (15) Apple Sauce (14) Garden Green Salad (2)	9 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (26) Diced Beets (06) Fresh Baked Roll (15) Pears (19)	10 Kalua Pork (00) Hawaiian Rice (25) Coleslaw (07) Pineapple Tidbits (07) Fresh Baked Rolls (15)	11 Ham and Turkey on Hoagie Bun (46) Provolone Cheese, Lettuce, Tomato (15) Potato Chips (14) Jell-O with Fruit Cocktail (13)	12 Teriyaki Beef Bowl (8) Steamed Rice (21) Steamed Broccoli (04) Pineapple (15) Fresh Baked Roll (15)
15 Swedish Meatballs (39) Rice (21) Peas (12) Orange (22) Fresh Baked Roll (16) Cookie Bar (18)	16 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)	17 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Roll (16)	18 Beef Taco Salad (05) Black Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	19 Biscuit (25) and Sausage Gravy (14) Scrambled Eggs (01) Tater Tots (18) Cottage Cheese & Pears (28)
22 BBQ Chicken (03) Rice (21) Green Beans (02) Diced Peaches (19) Corn Bread (33)	23 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Applesauce (14) Corn (14) Roll (16) Green Salad (2)	24 Oven Roasted Pork (00) Rice (21) Diced Beets (06) Jell-O with Fruit (09) Fresh Baked Roll (16) Cookie Bar (18)	25 Grilled Hamburgers with Fresh Baked Bun (17) Hot Potato Salad (19) Pork and Beans (25) Applesauce (14)	26 Orange Chicken (42) Brown Rice (21) Stir Fried Vegetables (12) Tropical Fruit (14) Fortune Cookie (10) Roll (16)
29 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Green Beans (02) Fresh Baked Roll (16) Fruit Cocktail (08)	30 Sloppy Joe (03) Fresh Baked Bun (15) Pork and Beans (25) Mustard Potato Salad (19) Applesauce (14)	Number in parentheses represent carbohydrate count  Low fat milk (12) is provided with each meal	Please call to cancel the meal at least a day in advance 801-229-3802	Suggested contribution \$4/meal  Menu subject to change