

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Roll (16)	4 Beef Taco Salad (05) Pinto Beans & Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Tropical Fruit (14) Tortilla Chips (18)	5 BBQ Pulled Pork (03) Au Gratin Potatoes (15) Apple (28) Coleslaw (07) Fresh Baked Roll (16)	6 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Apple Sauce (14) Potato Salad (19) Pork and Beans (25)	7 Teriyaki Beef Bowl (08) Quinoa (21) Broccoli (04) Fresh Baked Roll (15) Mandarin Oranges (11)
10 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Green Beans (02) Fresh Baked Roll (16) Jell-O with Fruit (22)	11 Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Broccoli (04) Green Salad (02) Fresh Baked Roll (15) Applesauce (14)	12 Creamed Chicken over White Rice (30) Green Beans (02) Fresh Baked Roll (16) Pineapple Tidbits (07)	13 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (27) Peas (12) Fruit Fluff with Cottage Cheese (28) Fresh Baked Roll (15)	14 Chicken Parmesan With Basil Marinara Sauce and Spaghetti (30) Green Beans (02) Diced Peaches (18) Green Salad (02)
17 Orange Chicken (42) Steamed Brown Rice (21) Stir Fried Vegetables (12) Tropical Fruit (14) Fortune Cookie (24) Fresh Baked Roll (16)	18 Cold Cut Subs Honey Cured Ham, Roasted Turkey with Provolone Cheese, Lettuce, Tomato (15) Potato Chips (14) Jell-O with Fruit Cocktail (13)	19 Oven Roasted Pork (00) Mashed Potatoes (15) Diced Beets (06) Mandarin Oranges (19) Fresh Baked Roll (16) Cookie Bar (18)	20 Sloppy Joe (00) Fresh Hamburger Bun (15) Black Beans (16) Mixed Veggies (12) Cottage Cheese and Mixed Fruit (19)	21 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (26) Carrots (06) Fresh Baked Roll (15) Sliced Pears (19)
24 Country Fried Steak (4) Mashed Potatoes & Gravy (27) Broccoli (04) Fresh Baked Roll (15) Fresh Apple (28)	25 Chicken Pot Pie (40) Fresh Baked Biscuit (25) Fresh Orange (12) Fresh Baked Brownie (23) Green Salad (02)	26 Beef Stroganoff (14) Over Rice (21) Carrots (06) Apple Crisp (67) Green Salad (02)	27 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Sliced Pears (19)	28 Honey Baked Ham (02) Scalloped Potatoes (13) Diced Beets (06) Diced Peaches (19) Cornbread (28)
31 Swedish Meatballs (39) White Rice (21) California Veggies (04) Salad (02) Roll (16) Applesauce (28) Brownie (23)	Suggested contribution \$4/meal Low fat milk (12) is provided with each meal	Menu subject to change Number in parentheses represent carbohydrate count		Please call to cancel the meal at least a day in advance 801-229-3802