




Monday	Tuesday	Wednesday	Thursday	Friday
1 Battered Fish Filets with Tartar Sauce (15) Potato Wedges (18) Fresh Orange (12) Fresh Baked Roll (16) Mixed Vegetables (12)	2 Oven Roasted Chicken (01) Over Quinoa (21) Green Peas (11) Cookie Bar (18) Fruit Cocktail (14)	3 Beef Stroganoff over Rice (34) Seasoned Carrots (06) Apple Crisp (67) Garden Green Salad (02) Fresh Baked Rolls (15)	4 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (25) Seasoned Cut Carrot (06) Fresh Baked Roll (15) Sliced Pears (19)	5 Sloppy Joe (00) Fresh Hamburger Bun (15) Mixed Veggies (12) Pork and Beans (25) Cottage Cheese with Mixed Fruit (19)
8 Malibu Chicken with Honey Mustard Sauce (13) Au Gratin Potatoes (22) Green Beans (04) Fresh Baked Roll (16) Jell-O w/fruit (22)	9 Taco Salad with Beef (05) Pinto Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	10 BBQ Pulled Pork (03) Au Gratin Potato (19) Coleslaw (07) Jell-O and Fruit (09) Fresh Baked Roll (16)	11 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (26) Fruit Fluff and Cottage Cheese (28) Green Peas (12) Fresh Baked Roll (15)	12 Teriyaki Beef Bowl (08) Quinoa (21) Fresh Steamed Broccoli (04) Mandarin Oranges (11) Fresh Baked Roll (15)
15 Orange Chicken (18) Sauce (24) Brown Rice (21) Stir Fry Veg (06) Tropical Fruit (14) Fortune Cookie (10)	16 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Broccoli (04) Green Salad (02) Fresh Baked Roll (15) Applesauce (14)	17 Creamed Chicken over White Rice (30) Green Beans (02) Roll (16) Pineapple Tidbits (07)	18 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Potato Salad (19) Apple Sauce (14) Pork and Beans (25)	19 NO MEAL  (observed)
22 Southern Country Fried Steak (29) Mashed Potatoes & Country Gravy (26) Fresh Steamed Broccoli (04) Fresh Apple (28)	23 Chicken Pot Pie (40) Fresh Baked Biscuit (25) Fresh Orange (12) Green Salad (02) Fresh Baked Brownie (23)	24 Cured Honey Baked Ham (02) Scalloped Potatoes (13) Beets (06) Peaches (19) Cornbread (28) Green Salad (02)	25 Chicken Parmesan With Basil Marinara Sauce and Spaghetti (30) Green Beans (02) Chocolate Chip Cookie (26) Sliced Pears (19)	26 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Diced Beets (06) Mandarin Oranges (19) Roll (16) Cookie Bar (18)
29 Swedish Meatballs (39) White Rice (21) California Veggies (04) Green Salad (02) Applesauce (28) Brownie (23)	30 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (18)	Please call to cancel the meal at least a day in advance 801-229-3802	Suggested contribution \$4/meal Number in parentheses represent carbohydrate count	Menu subject to change Low fat milk (12) is provided with each meal