



# February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Please call to cancel the meal at least a day in advance 801-229-3802</b>	Low fat milk (12) is provided with each meal  Suggested contribution: \$4/meal	Number in parentheses represent carbohydrate count	<b>Menu subject to change</b>
<b>2 Orange Chicken (42)</b> Brown Rice (21) Stir Fry Veggie (06) Tropical Fruit (14) Fortune Cookie (10) Fresh Baked Roll (16)	<b>3 Swedish Meatballs (39)</b> Quinoa (21) California Blend Veggies (04) Apple Sauce (28) Fresh Baked Roll (16)	<b>4 BBQ Chicken (03)</b> Au Gratin Potato (19) Green Beans (02) Fresh Orange (22) Fresh Baked Roll (16) Green Salad (02)	<b>5 Roast Turkey Breast (03)</b> Garlic Mashed Potatoes & Turkey Gravy (25) Diced Carrots (06) Fresh Baked Roll (15) Fruit Cocktail (28)	<b>6 Sloppy Joe (0)</b> Fresh Hamburger Bun (15) Mixed Veggies (12) Pork and Beans (25) Cottage Cheese with Fruit (19)
<b>9 Malibu Chicken with Honey Mustard Sauce (13)</b> Au Gratin Potatoes (22) Green Beans (04) Fresh Baked Roll (16) Jell-O with Fruit (14)	<b>10 Beef Taco Salad (05)</b> Pinto Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	<b>11 Teriyaki Beef Bowl (8)</b> Steamed Rice (21) Steamed Broccoli (04) Mandarin Oranges (11) Fresh Baked Roll (16)	<b>12 Salisbury Steak (05)</b> Garlic Mashed Potatoes and Gravy (26) Peas (12) Fruit Fluff with Cottage Cheese (28) Fresh Baked Roll (15)	<b>13 Kalua Pork (00)</b> Hawaiian Rice (25) Broccoli (04) Pineapple Tidbits (07) Fresh Baked Rolls (15) Valentines Cookie Bar (26)
<b>16 NO MEAL</b> 	<b>17 Chicken Pot Pie (40)</b> Fresh Baked Biscuit (25) Sliced Peaches (19) Fresh Baked Brownie (23) Green Salad (02)	<b>18 Homemade Meatloaf (3)</b> Garlic Mashed Potatoes & Gravy (30) Corn (14) Fresh Baked Roll (15) Apple Sauce (14) Green Salad (02)	<b>19 Savory Chicken Salad Wrap (18)</b> Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)	<b>20 Fish Filets with Tartar Sauce (15)</b> Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Fresh Baked Roll (16)
<b>23 Honey Baked Ham (02)</b> Scalloped Potatoes (13) Diced Beets (06) Diced Peaches (19) Fresh Baked Roll (16)	<b>24 Beef Stroganoff over Rice (35)</b> Carrots (06) Apple Crisp (67)	<b>25 Biscuit (25) and Sausage Gravy (14)</b> Scrambled Eggs (01) Tater Tots (18) Cottage Cheese & Peaches (28)	<b>26 Chicken Parmesan with Basil Marinara Sauce and Spaghetti (30)</b> Green Beans (02) Green Salad (02) Pears (19) Chocolate Chip Cookie (18)	<b>27 Three Bean Beef Chili (3)</b> Carrots (18) Corn Bread (28) Fresh Apple (25)