

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	Please call to cancel the meal at least a day in advance 801-229-3802	Low fat milk (12) is provided with each meal Suggested contribution: \$4/meal	Number in parentheses represent carbohydrate count	Menu subject to change
2 Orange Chicken (42) Brown Rice (21) Stir Fry Veggie (06) Tropical Fruit (14) Fortune Cookie (10) Fresh Baked Roll (16)	3 Swedish Meatballs (39) Quinoa (21) California Blend Veggies (04) Apple Sauce (28) Fresh Baked Roll (16)	4 BBQ Chicken (03) Au Gratin Potato (19) Green Beans (02) Fresh Orange (22) Fresh Baked Roll (16) Green Salad (02)	5 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (25) Diced Carrots (06) Fresh Baked Roll (15) Fruit Cocktail (28)	6 Sloppy Joe (0) Fresh Hamburger Bun (15) Mixed Veggies (12) Pork and Beans (25) Cottage Cheese with Fruit (19)
9 Malibu Chicken with Honey Mustard Sauce (13) Au Gratin Potatoes (22) Green Beans (04) Fresh Baked Roll (16) Jell-O with Fruit (14)	10 Beef Taco Salad (05) Pinto Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	11 Teriyaki Beef Bowl (8) Steamed Rice (21) Steamed Broccoli (04) Mandarin Oranges (11) Fresh Baked Roll (16)	12 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (26) Peas (12) Fruit Fluff with Cottage Cheese (28) Fresh Baked Roll (15)	13 Kalua Pork (00) Hawaiian Rice (25) Broccoli (04) Pineapple Tidbits (07) Fresh Baked Rolls (15) Valentines Cookie Bar (26)
16 NO MEAL 	17 Chicken Pot Pie (40) Fresh Baked Biscuit (25) Sliced Peaches (19) Fresh Baked Brownie (23) Green Salad (02)	18 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Corn (14) Fresh Baked Roll (15) Apple Sauce (14) Green Salad (02)	19 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)	20 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Fresh Baked Roll (16)
23 Honey Baked Ham (02) Scalloped Potatoes (13) Diced Beets (06) Diced Peaches (19) Fresh Baked Roll (16)	24 Beef Stroganoff over Rice (35) Carrots (06) Apple Crisp (67)	25 Biscuit (25) and Sausage Gravy (14) Scrambled Eggs (01) Tater Tots (18) Cottage Cheese & Peaches (28)	26 Chicken Parmesan with Basil Marinara Sauce and Spaghetti (30) Green Beans (02) Green Salad (02) Pears (19) Chocolate Chip Cookie (18)	27 Three Bean Beef Chili (3) Carrots (18) Corn Bread (28) Fresh Apple (25)