






Please call to cancel the meal by 2:00pm the day before (801) 229-3802

Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef Stroganoff over Rice (34) Mixed Veggies (12) Apple Crisp (67) Garden Green Salad (02)	2 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Peaches (19)	3 Garlic Roasted Beef (00) Herb Mashed Potatoes & Gravy (25) Roll (16) Carrots (06) Tropical Fruit (14)	4 BBQ Pulled Pork (03) Au Gratin Potatoes (22) Green Beans (02) Mandarin Oranges (19) Fresh Baked Roll (16)	5 Roasted Lemon Pepper Chicken (10) Steamed Quinoa (21) Peas (12) Pears (19) Cookie Bar (18)
8 Cheesy Italian Sausage Pasta Bake (48) Broccoli (04) Fresh Garlic Roll (15) Apple Sauce (14) Garden Green Salad (02)	9 Kalua Pork (00) Hawaiian Rice (25) Coleslaw (04) Pineapple Tidbits (07) Fresh Baked Rolls (15)	10 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Green Beans (04) Fresh Baked Roll (16) Fruit Cocktail (14)	11 Oven Roasted Pork (00) Rice (21) Diced Beets (06) Jell-O with Fruit (09) Fresh Baked Roll (16) Cookie Bar (18)	12 Roast Turkey Breast (03) Mashed Potatoes & Gravy (25) Carrots (06) Roll (15) Mandarin Oranges (11) Cranberry Sauce (22) Cherry Pie Bar (35) Stuffing (20)
15 Swedish Meatballs (39) Rice (21) Cali Blend Veggies (06) Pears (19) Fresh Baked Roll (16) Cookie Bar (18)	16 Biscuit (25) and Sausage Gravy (14) Scrambled Eggs (01) Tater Tots (18) Cottage Cheese & Peaches (28)	17 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Orange (12) Baked Roll (16) Chocolate Brownie (23)	18 Beef Taco Salad (05) Black Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Applesauce (14) Tortilla Chips (18)	19 Honey Baked Ham (00) Scalloped Potatoes (13) Diced Beets (06) Roll (16) Jell-O with Fruit (09)
22 Orange Chicken (42) Brown Rice (21) Roll (16) Stir Fried Vegetables (12) Tropical Fruit (14) Fortune Cookie (10)	23 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Corn (14) Green Salad (02) Fresh Baked Roll (15) Applesauce (14)	24  NO DELIVERY	25  NO DELIVERY	26 NO DELIVERY CLOSED FOR HOLIDAY BREAK
29 NO DELIVERY CLOSED FOR HOLIDAY BREAK	30 NO DELIVERY CLOSED FOR HOLIDAY BREAK	31 No Meal 	Low fat milk (12) is provided with each meal Suggested contribution \$4/meal	Number in parentheses represent carbohydrate count (Menu subject to change)