

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Orange Chicken (42) Brown Rice (21) Stir Fried Vegetables (12) Tropical Fruit (14) Fortune Cookie (10) Fresh Baked Roll (16)	3 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Beets (06) Roll (16) Mandarin Oranges (19) Cookie Bar (18)	4 Beef Taco Salad (05) Pinto Beans with Cheese (20) Ranch (02) Green Salad (02) Salsa (02) Tropical Fruit (14) Tortilla Chips (18)	5 NO MEAL CLOSED for Office Move	6 Garlic Roasted Beef with Gravy (10) Mashed Potatoes (15) Mixed Veggies (06) Apple (28) Fresh Baked Roll (16)
9 Beef Stroganoff over Rice (34) Carrots (06) Apple Crisp (67) Garden Green Salad (02)	10 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Pears (19)	11 NO MEAL 	12 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (27) Peas (12) Fruit Fluff with Cottage Cheese (28) Roll (15)	13 Creamed Chicken over White Rice (30) Green Beans (11) Pineapple Tidbits (17) Fresh Baked Roll (16)
16 Honey Baked Ham (02) Scalloped Potatoes (13) Diced Beets (06) Diced Peaches (19) Cornbread (28)	17 Oven Roasted Chicken (01) Over Quinoa (21) Green Peas (11) Fruit Cocktail (14) Fresh Baked Roll (16)	18 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Pears (19) Broccoli (04) Green Salad (2) Fresh Baked Roll (15)	19 Chicken Pot Pie (40) Fresh Baked Biscuit (25) Fresh Apple (28) Fresh Baked Brownie (23) Green Salad (02)	20 Roast Turkey Breast (03) Garlic Mashed Potatoes and Gravy (25) Carrots (06) Roll (15) Stuffing (20) Mandarin Oranges (11) Cranberry Sauce (22) Pumpkin Pie Bar (35)
23 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Fresh Baked Roll (16)	24 Swedish Meatballs (39) Rice (21) Cali Blend Veggies (06) Applesauce (28) Green Salad (2) Brownie (23)	25 Country Fried Steak (04) Mashed Potatoes & Gravy (27) Broccoli (04) Fresh Baked Roll (16) Fresh Orange (22)	26 NO MEAL 	27 NO MEAL 
30 Malibu Chicken with Honey Mustard Sauce (13) Au Gratin Potatoes (22) Green Beans (02) Fresh Baked Roll (16) Jell-O with Fruit (22)	Please call to cancel the meal at least a day in advance 801-229-3802	Menu subject to change 	Number in parentheses represent carbohydrate count	Suggested contribution \$4/meal Low fat milk (12) is provided with each meal