



Monday	Tuesday	Wednesday	Thursday	Friday
Please call to cancel the meal at least a day in advance 801-229-3802	Suggested contribution \$4/meal Menu subject to change	Milk is provided with each meal	1 Cranberry Orange Chicken Orzo Pasta Peas Roll with Butter Pineapple Rings	2 Cheeseburger Bun Tator Tots Lettuce, Tomato, Onion, Pickle Pickled Beets Frog Eye Salad
5 Chicken Parmesan with Marinara Sauce & Pasta Broccoli Garlic Roll with Butter Green Salad with Dressing Mandarin Oranges	6 Club Wrap <i>Turkey, Ham, Bacon, Cheese, Lettuce, & Tomato</i> Three Bean Salad Banana Pudding Peaches	7 Beef Tamales Pinto Beans Mexicorn Green Salad with Dressing Fruit Cocktail	8 Pork Chops Funeral Potatoes Carrots Roll with Butter Applesauce	9 Biscuits & Sausage Gravy Hash Browns Hard Boiled Egg Pears Banana
12 NO MEAL  Columbus Day	13 Philly Cheesesteak Potato Wedges Green Salad with Dressing Lime Jell-O Pineapple Tidbits	14 Spinach Chicken Lemon Rice Brussel Sprouts Roll with Butter Chocolate Zucchini Cake Pears	15 Shepherds Pie Mixed Veggies Green Salad with Dressing Roll with Butter Applesauce	16 Chicken Salad Croissant Carrot Raisin Salad Deviled Egg Potato Chips Fresh Apple
19 Chicken Gyros Sweet Potato Fries Naan Bread, Tzatziki Sauce Lettuce, Tomato, Onion Tapioca Pudding Tropical Fruit	20 Ravioli in a Beef Marinara Sauce Green Beans Green Salad with Dressing Chocolate Chip Cookie Pineapple Rings	21 Salmon Patty California Veggies Rice Pilaf Roll with Butter Applesauce	22 Meatloaf Baked Potato Peas & Carrots Roll with Butter Green Salad with Dressing Peaches	23 BBQ Pork Ribs Corn Baked Beans Coleslaw Apple Crisp Fruit Cocktail
26 Baked Ziti in a Sausage Marinara Sauce Beets Parmesan Knot Green Salad with Dressing Pears & Orange Jell-O	27 Chicken Enchilada In a Flour Tortilla Rice, Black Beans, Corn Key Lime Dessert Tropical Fruit	28 Bacon, Egg, & Cheese Breakfast Sandwich Hash Browns Fresh Orange Peaches & Cottage Cheese	29 Beef Pot Roast Mashed Potatoes & Gravy Country Style Veggies Roll with Butter Mandarin Oranges	30 Beef Taco Soup Spooky Grilled Cheese Pineapple Tidbits Green Salad with Dressing Mummy Pumpkin Tarts