



Life with Dementia Panel - Alzheimer's Association Info

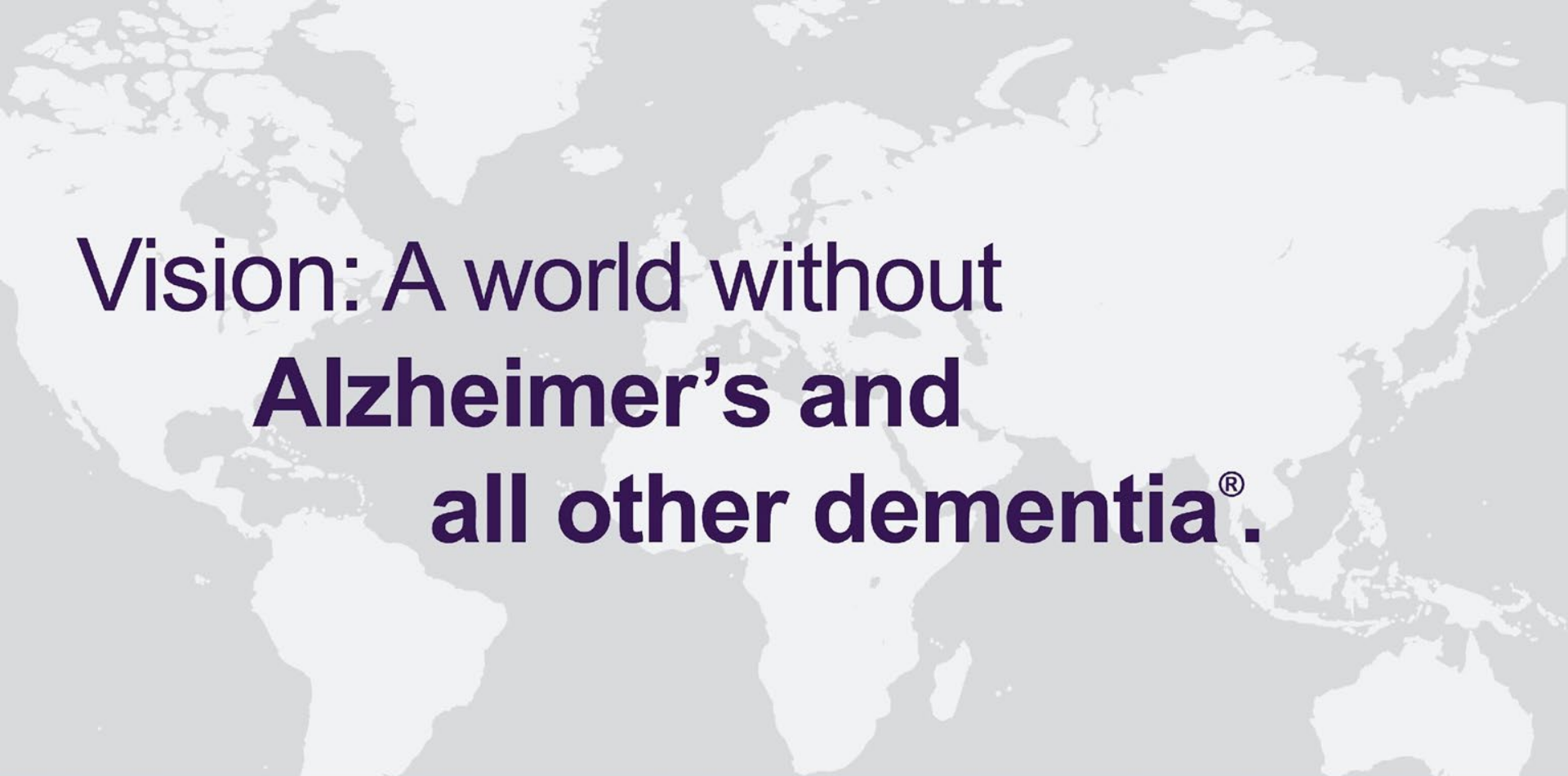


Yet, just **4 in 10**
Americans say they
would see a doctor right
away if they experienced
dementia symptoms.

The majority — **60%** —
would wait or not see a
doctor at all.

Mission:

The Alzheimer's Association leads the way to **end Alzheimer's and all other dementia** — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.



**Vision: A world without
Alzheimer's and
all other dementia®.**

How We Can Help



24/7 Helpline
800.272.3900

24/7 Helpline

Our 24/7 Helpline (**800.272.3900**) is available around the clock. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.



Free Education

Find dementia and aging-related resources that connect individuals facing dementia with local programs and services at **alz.org**.

alzheimer's
association
PROGRAMS AND EVENTS

AARP
Family Caregiving
PROGRAMS AND EVENTS

COMMUNITY SERVICES

HOUSING OPTIONS

Alzheimer's Association & AARP Community Resource Finder

Get easy access to resources, community programs and services in your local community at **communityresourcefinder.org**.



Caregiving

Caregivers for Alzheimer's and dementia face special challenges.

Caring for a person with Alzheimer's or dementia often involves a team of people. Whether you provide daily caregiving, participate in decision making, or simply care about a person with the disease — we have resources to help.

Select a Topic



Be a Healthy Caregiver

Learn how to stay physically and emotionally strong.



Caregiver Stress

Learn 10 symptoms of caregiver stress and get tips to avoid burnout.



Caregiver Stress Check



Caregiver Depression

Learn about symptoms, treatment, coping tips and when to see a physician.



Changes to Your Relationship

As Alzheimer's progresses, there are still ways to connect.



Grief and Loss as Alzheimer's Progresses

It's normal to have feelings of loss as your life is changed by Alzheimer's.

[Live Chat](#)

Programs and Services

alz.org/utah

- 24/7 Helpline 800.272.3900
- Education presentations
- ALZ Connected
- Trial Match
- training.alz.org
- Live Well with dementia
- Caregiver Center
- Community Resource Finder
- Support Groups
- training.alz.org
- Connect with us and we can go from there!!

24/7 Helpline

- Free Service
- Available around the clock, 365 days a year
- Helpline specialists and master's level clinicians offer confidential support and information
- Bilingual staff and translation service in over 200 languages
- Live Chat available
- TTY Service 866.403.3073



24/7 Helpline

800.272.3900

alzheimer's  association®



Live Chat

Alzheimer's Navigator®

www.alzheimersnavigator.org

Alzheimer's Navigator is a free online tool that helps guide caregivers to answers by creating a personalized action plan and linking you to information, support and local resources.

ALZHEIMER'S navigator®

alzheimer's  association®

What do you want to know?

Choose one of these topics to develop a personalized action plan.



Working with Your
Doctor



Symptoms



Safety



Legal Planning



Knowledge



Financial Planning



Driving



Caregiver Support



Care Options



Daily Living



ALZConnected®, powered by the Alzheimer's Association®, is a free online community for everyone affected by Alzheimer's or another dementia.

alzconnected.org

Community Resource Finder

www.communityresourcefinder.org

Get easy access to resources, community programs and services.

Based on guidance from local governments and health departments during the COVID-19 crisis, many programs will be offered virtually rather than in-person.



PROGRAMS AND EVENTS



PROGRAMS AND EVENTS



CARE AT HOME



COMMUNITY SERVICES



HOUSING OPTIONS



MEDICAL SERVICES

EDUCATION Programs

- Free online e-learning available at www.alz.org
 - 10 Warning Signs
 - Understanding Alzheimer's and Dementia
 - Dementia Conversations
 - Effective Communication Strategies
 - Legal and Financial Planning
 - Understanding and Responding to Dementia-Related Behaviors
 - And more!



CONTACT US TO FIND
AN EDUCATION
SESSION



Alzheimer's Association TrialMatch® is a free, easy-to-use clinical studies matching service for people living with dementia, caregivers and healthy volunteers without dementia.

alz.org/trialmatch





Questions?
Helpline:
1.800.272.3900

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ALZHEIMER'S  **ASSOCIATION®**



Held annually in more than 600 communities nationwide, the **Alzheimer's Association Walk to End Alzheimer's®** is the world's largest fundraiser for Alzheimer's care, support and research.

alz.org/walk



ALZHEIMER'S  ASSOCIATION®



The Longest Day® is the day with the most light — the summer solstice. On June 21, thousands of participants from across the world come together to fight the darkness of Alzheimer's through an activity of their choice. Together, they use their creativity and passion to raise funds and awareness for the care, support and research efforts of the Alzheimer's Association®.

alz.org/thelongestday